

2012
National Youth Leadership Forum
On Collegiate Success
Sample Schedule *

★ **DAY ONE** ★
Welcome to College Life

Registration

Plenary Session

Welcome to the Forum on Collegiate Success

Success Group Meeting

Team Building Exercise and Setting Expectations

Students explore the characteristics of the ideal college student as well as form a network of supporters to share with and rely on throughout the Forum.

Success Group Meeting

Characteristics and Habits of Successful People

Students examine “Profiles in Success” and examine their characteristics and habits.

Success Group Meeting

Seminar: Self-Identification, Strengths, Team Formation and Reflection

Students discover their preferred learning modality.

Success Group Meeting

Seminar: Networking 101

Students identify the steps to a successful meeting with future colleagues, mentors or employers, as well as practice networking in a mock social event.

Success Group Meeting/DiSC Behavior Assessment

Seminar: Identifying Strengths, Passions, Values, Interests, Beliefs, Emotions and Weaknesses

Students review their DiSC behavioral assessment and understand their behavioral tendencies and the impact they have on choices.

Security Check and Lights Out

All Students Accounted for in Rooms

★ **DAY TWO** ★
Deciding Your Path

Success Group Meeting

Review of Day One

Team Building Exercise and Looking Ahead

Plenary Session

College Admissions Officer

Success Group Meeting

Seminar: Self-Direction and Goal Setting

Students identify personal goals and explore strategies that will help guide them to accomplish those goals.

Success Group Meeting

Economics: Understanding Financial Responsibility, Credit, Loans and Debt

Students identify the nature of financial robustness and independence as well as learn the roles of income, expenses, savings and unexpected realities.

Electives (Student’s Choice):

Writing the College Essay

- Receive instruction in the elements of writing a successful college essay
- Practice essay writing
- Receive feedback on essay writing skills

A Great Interview

- Brainstorm the elements of a good interview versus a bad interview
- Receive hot tips for a successful interview
- Observe a variety of interviews
- Practice and receive feedback on interviewing skills

Writing an Effective Resumé

- Identify elements of a strong resumé
- Identify aspects of strength of language
- Practice and discuss the use of strong language
- Practice and receive feedback on writing a resumé

Plenary Session

Life as a College Student

Success Group Meeting

Seminar: Personal Responsibility, Choices, Decisions and Actions

Students identify and articulate the balance between deliberate and instinctive thinking and experience the difference between personal-based and consensus-based decision making.

Security Check and Lights Out

All Students Accounted for in Rooms

★ **DAY THREE** ★
Learning to Achieve Your Goals

Success Group Meeting

*Review of Day Two
Team Building Exercise*

Success Group Meeting

A Study in Time Management and Self-Discipline
Students recognize the role and nature of impulse control and the learn techniques to effectively manage their time.

Success Group Meeting

A Study in Communication and Developing Your Personal Brand

Students learn the central components of managing their own brand: written communication, appearance, conduct, body language and personality. Through this, students also work to better understand both verbal and nonverbal communication.

Electives (Student's Choice):

Writing the College Essay

- Receive instruction in the elements of writing a successful college essay
- Practice essay writing
- Receive feedback on essay writing skills

A Great Interview

- Brainstorm the elements of a good interview versus a bad interview
- Receive hot tips for a successful interview
- Observe a variety of interviews
- Practice and receive feedback on interviewing skills

Writing an Effective Resumé

- Identify elements of a strong resumé
- Identify aspects of strength of language
- Practice and discuss the use of strong language
- Practice and receive feedback on writing a resumé

Success Group Meeting

A Study in Work/Life/Social Balance, Stress Management and Study Skills

Students understand the nature of balance and personally identify means to effectively balance work life and social life.

★ **DAY FOUR** ★
Looking Forward

Success Group Meeting

Seminar: Visualizing Your Future

Students prepare for the future using the lessons learned throughout the Forum.

Success Group Meeting

Creating Your Future

Success Group Meeting

Thesis Presentation: Designing a Plan and Timeline

Students work as a part of a group to identify and solve transitional challenges.

Success Group Meeting

Farewell Meeting

Commencement and Closing Plenary

Review, Reflection and Looking Forward